
The Fountainhead

Fountain Valley Woman's Club Fountain Valley, CA
Organized 1964 * Federated 1965



President: Connie Wadsley
Editor: Marilyn Ryan
Website: www.fountainvalleywomansclub.org



President – Connie Wadsley

"Connected To The Community With Our Hands And Our Hearts"

Happy Valentine's Day! I thought the January lounge wear and breakfast buffet meeting was great especially for a cloudy, cool day. I came home and decided to stay in my penguin jammies - haven't done that since college! And our speaker Jeremy was so informative, entertaining and fun! Thanks once again Judy for bringing us such a wonderful program. I also appreciate those of you who commented that it was nice to sit with members not normally at your table and get to know them a little. Our club is full of amazing women!



Now that the nominating committee has been formed, please consider how **you** can support and grow the club during the 2018-19 club year. Please look for Carol Proctor's (Chairman) article. Remember that all it takes is a willingness to serve the club by donating a little extra time. So, raise those hands when asked to serve - or better yet, call Carol and tell her you'd like to be on next year's board.

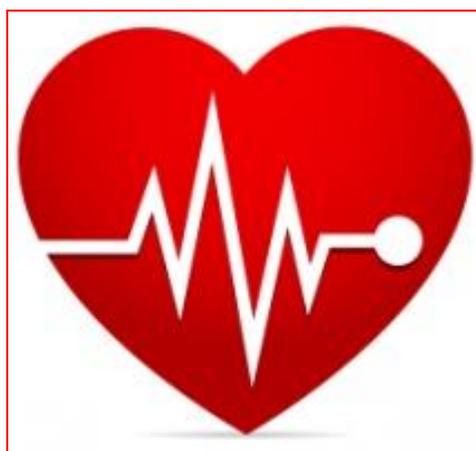
Georgette Sleeth, 5th VP, and her committee, are busy working on our Spring Scholarship Fundraiser while Carol Ann VanHolt is organizing and starting rehearsals on "The Demise of Dusty Dan". We need silent auction items, gift basket items and gift cards for our ever-popular gift card tree. It's shaping up to be a really fun night with all proceeds going towards FV high school senior scholarships - remember those amazing students at our June meeting? They need your help on this event!



A huge thanks to Dean JoAn Poirel who spent hours writing and compiling our club's projects history including hours and money for the 2017 Orange District reports. It was just amazing to see our totals in hours, dollars, and in-kind donations that our small club generated. Thank you, JoAn! If you are interested in attending Orange District Convention on Saturday, April 21st, in Orange please let JoAn know. She has more information on the details - the more members who attend, the more fun it will be!

Happy Valentine's Day!

Since February is healthy heart month I wanted to remind members of a few basic facts: Heart disease is the leading cause of death for all adults in the U.S., but women are much less likely to survive due to subtle or non-existent symptoms. Women may only feel pressure, squeezing or fullness or other vague symptoms such as cold sweat, nausea, shortness of breath or feeling light-headed. Healthy habits, like eating fruits and vegetables, exercising, maintaining a healthy weight, not smoking, limiting alcohol and reducing stress can prevent 80% of heart disease and strokes. So, ladies, take care of your heart - it is a priceless organ! Happy Heart's Day everyone.



Below is an email I received from a 2017 scholarship winner Maria Ochoa and wanted to share:

Dear FVWC members,



Semester 1 at NAU has come to an end and I am about to start semester 2 and I can honestly say I am excited! The reason why is because the first semester, I was trying so hard to settle in a new environment and school that I didn't socialize as much as I should have. I've lived my whole life surrounded by a big family so moving alone to Flagstaff, Arizona was a huge step for me. I truly experienced cultural shock in the way that my Latin culture isn't as visible as back home. Things and people are so different here to the point where my first month here, I felt so out of place. I felt like there was no one truly here who had similar interests as me. As the months went by, I started to make really good friends at work, classes, and at the "Future Teachers Club" I joined on campus. Now that I've completed one whole semester, I have felt more like Flagstaff is where I am meant to be. I know my second semester will run smoother since I have adjusted to this new life. I am truly grateful for receiving the Fountain Valley Woman's Club scholarship because after moving away from home, paying for tuition was not a worry I had in the back of my mind. Thank you so much for helping me achieve my goals and for being a part of my journey.

Sincerely,
Maria Ochoa

Connie Wadsley:



1st VP/Dean - JoAn Poirel



Orange District - We had 3 FVWC members attend the January Orange District meeting and Art Show. The theme was "Trash to Treasure". There were several very interesting entries made from plastic trash bags, wood, and other items that you may have thrown away. Women are so clever!!

Convention News **"Celebrate Your Wild Side"**

Orange District Annual Convention is Saturday, April 21st at the Doubletree Hotel in Orange. The event begins at 9:30am and concludes after an evening installation around 8:30pm. There will be business conducted, awards given, entertainment by Pulcini Brothers, speaker Melissa Sciacca from the David Sheldrick Wildlife Trust, installation of officers and lunch (\$45) and dinner (\$60). Your \$5 registration fee is paid by FVWC. If you are interested in attending (everyone is welcome) please let JoAn Poirel know by March 5th.

Who Doesn't Love a Tea Party?



Orange District's next meeting will be Friday, March 9th and will celebrate all new club members. It will be a Tea Party theme held at the Springfield Banquet Center in Fullerton (we will carpool) starting at 9:30am. All new FVWC members who joined the club in 2017 are encouraged to attend. Please let JoAn Poirel know if you are able to join us for this fun event. Our club had a whopping 22 members join in 2017 so let's go celebrate and have our fabulous new members be recognized by Orange District! Hats are encouraged.

Shoes shoes shoes.... Speaking of treasures don't forget to bring your gently used shoes to the meeting. The shoes will go to FUNDS2ORGS SHOE PROJECT. FVWC has already donated 111 pairs of shoes!!!! GREAT job. I cleaned my closet this week and have 5 additional pairs of shoes. Not that they were used some were very cute but hurt to wear and they were not worn more than once or twice. Do you have any of those??? They take kids and mens shoes too!



FVWC has adopted 18 elephants and 2 giraffes. Renewals are coming due now. Well, I just renewed my elephant, Maisha and giraffe, Kiko, at the David Sheldrick Shelter. I sponsored a different elephant as the other has "graduated" into the wild with her new family, a herd of elephants. Please renew your adopted elephants and let me or Anna Katsuki know that you have renewed your Orphan Elephant. Currently I have Connie, FVWC, Virginia, Marilyn Ryan, and Judy Caforio who have renewed their elephants. It is so easy to do and if you need help, please feel to contact me at 714-963-3266.

JoAn Poirel:





2nd VP / Membership – Bari Hospodarec

Happy February ladies!!

What a fun pajama party we had at our meeting on the 9th! It's always so fun to see everyone in their comfy clothes with smiles all around.

I'm looking forward to spending another great year with all 105 of you!! That's right, 105...we must be doing something right to have so many wonderful ladies wanting to be a part of our club!

New Member Information:

Please update your FVWC DIRECTORY with our newest member's information
Carol Krueger

*****If any member has updated/changed information since the 2017-18 Directory was published, please let Connie Wadsley and Bari Hospodarec know.**

I'm looking forward to seeing everyone for our Valentine's meeting in a sea of red!!

Cheers!

Bari Hospodarec:





3rd VP/Programs – Judy Caforio

CALL POLICE sign in the window, a SWEDGE under the door, pepper spray on the keychain. WOW, I learned a lot from our February guest Byron Walls, the Crimefighter, and I'm guessing you did too. All that knowledge and he made us laugh at the same time. In case you need his website to order from him, it's **www.californiacrimefight.com**.

Our March presenter will be Kevin O'Grady, from Build Futures. I look forward to learning more about this wonderful program that we supported last year at our Stonefire fundraiser.

Thanks for all of your positive comments you've given me. I treasure each one of them.

Judy Caforio:



4th VP/Luncheons – Cindy Dobson

Hello Wonderful Ladies,

Our February guest speaker was so informative and funny on top of it! Although, I'm not sure if I feel better or worse knowing what can happen when you are not paying attention!

The menu for March will be a choice of the **Stuffed Baker Bar** which includes a giant baked regular or sweet potato with toppings of grilled chicken, Alfredo sauce, sour cream, butter, grated cheese, bacon bits, fresh roasted vegetables, served with a green salad and garlic cheese toast. The Healthy Choice will be the Grilled Mahi with roasted vegetable and rice pilaf. Each entree is \$25.

March's table decorations will be provided by Carol Proctor. Thanks so much, Carol!

If you have indicated to me that you would like to be **permanent (either regular lunch, healthy choice or salad choice)**, I will assume that you will attend the meeting and you will receive your choice. If you are **not** on any permanent list, please **contact me** by email or phone to make your reservation. It is very important to let me know if you will be bringing a guest to the meeting so that she will be recognized and receive her lunch. **Timely guest notification is very important, as our board meetings will be earlier in the week than in the past. Our fearless leader needs to have time to prepare her welcoming presentation for each guest so that each one feels, well....welcome! Thanks!**

MAT

PLEASE let me know if you make a reservation for lunch for yourself or a guest, and then cannot make the meeting. We must charge you for that meal. Also you will be responsible for the meal charge if you are on the permanent list and do not notify me ahead of time that you are unable to attend.

Email me, **Cindy Dobson**, at **by TUESDAY, MARCH 6, 2018 by 7:00 PM, with any changes to your reservation.** Thanks so much!

Cindy Dobson:



5th Vice President/Ways and Means – Georgette Sleeth

It's a new year and time for a new fundraiser! Our Spring Social/Scholarship Fundraiser is coming up on March 24th and it is our plan to once again SELL OUT on tickets! We will be presenting "The Demise of Dusty Dan," and your \$35 tickets include delicious Mexican cuisine along with a nail-biting Murder Mystery show! This year we are also offering special perks for our VIP guests who purchase a table of 10. For \$350, you will receive premium reserved seating for 10 plus two bottles of wine for your table. Multiple baskets will be available for raffle as well as awesome auction items. Even if you can't attend, raffle tickets will be available for purchase at our meetings. We hope you'll join us in this effort to raise scholarship money for our deserving Fountain Valley graduating seniors!

There are several easy ways you can help with this event:

1. **Attend** the Social and bring your spouse/friend! Tickets are \$35, and the event will start at 6:00PM on March 24th.
2. **Donate** for our various raffles! We are in need of many items for the raffle baskets, and also gift cards (a minimum of \$15 preferred) for our gift card trees. **Please bring your donations to me at the February meeting!**
3. **Underwrite** the catering costs. The less money we need to spend on expenses for the event, the more money that will go towards scholarships for deserving seniors. If you would like to make a donation towards the catering costs, any amount is appreciated (the estimated cost will be \$1000) and you may give your check to me at the February meeting.
4. **Solicit** local businesses for donations. We are especially in need of large ticket items for the auction, but any donations are appreciated! Hit up the places where you are a regular customer and have an established relationship. Please see the attached donation letter that you may use when approaching business owners.
5. **Sell** raffle tickets! Winners need not be present, and we want to make as much money as possible so sell tickets to everybody you know!

Be sure to hand out copies of the flyer (see below in this newsletter) to all your friends and family!

Georgette Sleeth:

January 2018

To click here & type:

Fountain Valley Woman's Club, the oldest non-profit organization in the City, hosts fundraisers throughout the year in support of its philanthropic endeavors.

On Saturday, March 24th, we will hold our annual Spring Social to raise funds for local graduating high school senior scholarships.

The Fountain Valley Woman's Club is asking for your support in this activity by providing a gift card, donation, or product from your company. Fountain Valley Woman's Club is a 501(c)3 tax exempt non-profit organization, FEI #23-7124861, a group exemption #8288.

Thank you immensely for your participation in the Club's fundraising efforts that support continuing education for our local students. For more information, please contact Georgette Sleeth at the address below.

Sincerely,
Georgette Sleeth
5th VP/Ways & Means

Calling all Fountain Valley Woman's Club members:

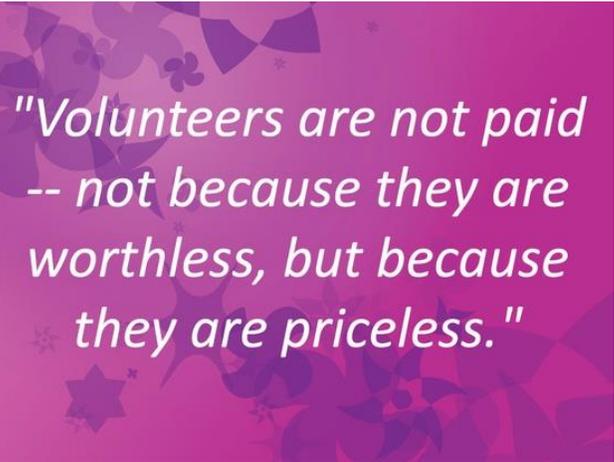
Are you interested in serving on the FVWC Board for the 2018-19 year? The Nominating Committee is looking for members who are willing to:

- **raise their hand in a Club leadership role;**
- **guide the Fountain Valley Woman's Club in setting and achieving goals and accomplishments for the Club;**
- **commit to a little extra time for the greater good of the Club;**
- **"learn while doing" in a team capacity;**
- **strut their skill set; and**
- **experience and expand the joys of friendship offered at this unique level.**

A great, can-do attitude is always appreciated and on-the-job training is available, if needed. Plus, the benefits a Board Member receives from serving can be personally gratifying in immeasurable ways.

The Nominating Committee will present its slate of candidates at the March 2018 meeting.

Please contact Nominations Chair Carol Proctor at (714) 292-2422, or at ccproctor@icloud.com if interested.



*"Volunteers are not paid
-- not because they are
worthless, but because
they are priceless."*



FOUNTAIN VALLEY WOMAN'S CLUB
Presents
"THE DEMISE OF DUSTY DAN"
A "WHODUNNIT" MURDER MYSTERY FUNDRAISER

SATURDAY, MARCH 24, 2018
Location: 8071 Slater Avenue (Assistance League of HB bldg)
Huntington Beach, CA 92647

**Your \$35 ticket includes the play, a delicious Mexican Buffet
Dinner, Dessert and Non-Alcoholic Beverages**

**There will be a No Host Bar, Auction Items and
Opportunity Drawings**

Doors Open at 6pm

**Please Send Your Check Payable to:
Fountain Valley Woman's Club c/o
Georgette Sleeth**

***VIP guests who purchase a table for 10 will
receive premium reserved seating and two
bottles of wine for their table**

**Seating is limited - purchase your tickets early and help FVWC
raise funds for FV 2018 High School Senior Scholarships!**



SECRETARY-LOUISE HICKS

FOUNTAIN VALLEY WOMAN'S CLUB, GENERAL MEETING
CLAIM JUMPER RESTAURANT,
Tuesday, February 13, 2018

Call to Order and Welcome: The meeting was called to order by Connie Wadsley at 11:03am

Inspiration: Read by Mandy Hall

Renewal of Pledge of Allegiance: Peggy Kane

President: Connie Wadsley-

- **Introductions:**

Byron Walls, speaker

Sandy Freas-guest of Leanne Burt

Jay Jones- Guest of Peggy Wilson

Kelcie Kerdoon and Nancy Peterson- guests of Susan Saurastri

Pat Quintrell-guest and mother of Colleen Fenton

Laurie Schliecher-guest of Michele Jensen

Announcements/Club Business

Heifer and Penny Pines cans are on each table. Please donate to these projects

- Appointment of By-laws Review Committee. Carol Hedenberg, Jay Adams, Karen Fox, and JoAn Poirel have agreed to serve. Alison Wessler and Mollie have agreed to serve as alternates.
- Colleen Fenton has provided the centerpieces for the tables today. Thank you , Colleen!
- We earned \$680. From the Bubbles and Baubles event at Mimi's Jewellery.
- Anna Katsuki was the winner in her category at the 5K Walk/Run and Carol Proctor placed 2nd! Great job ladies!

Secretary-Louise Hicks

- Minutes of January will be referred to a committee of three.
- Correspondence-from Ron Courreges, Marcia Willet, and Build Futures.

Treasurer-Donna Kubelka

- **January Report is available**
- **Please submit bills and receipts**

1stVP/Dean-Jo An Poirel-

- **We are now sponsoring 22 elephants**
- **Checks for the OD Convention are due March 1.**
- **Chairmen Reports-**
- Anna Katsuki- Pull tabs for Ronald McDonald House do really help the families of Cancer patients. Please keep pulling!

Heifer- We will accept checks as well as dollars and cents!

- **Blanket Makers-Marilyn Bennett-**

We will meet Feb. 19- 10:30-3:00. The hospital needs additional blankets for the children.

- Friends of the Library-Virginia Dishman
Volunteers have had a very productive meeting and the program is running much smoother.
- Advocates for Children-Melissa Watanabe-she can accept checks for school supplies for children.
- Book Club-Edythe Muse-They will the 1st Monday of the month at the Montz home and this month they are reading the same book-“Woman in the Window”

Board Reports

- **Secretary: Louise Hicks-**
 - Minutes of the December General Meeting were remanded to a committee of three. Thank you, ladies, for your help.
 - Correspondence- We received Thank Yous from Oka Middle School for our Adopt a Family and from Masuda Middle School for inviting the students to perform.
- **Treasurer: Donna Kubelka-**
 - Copies of the monthly report are available
 - Please submit bills and money to Donna.
- **1st VP/Dean: Jo An Poirel**

Chairman Reports

- Blanket Makers- Next meeting is Monday January 15, 10:00-3:00
- Friends of the Library- Virginia has decided to continue as our Representative.
- Heifer- Please share your loose change and \$\$\$. Cans are on the tables. The \$750.00 donation from FVWC purchased a flock of chickens, a flock of ducks, a hutch of rabbits, a hive of bees, one water buffalo and we sent a girl to school.
- Pull Tabs- Please keep pulling. These tabs support the Ronald Mc Donald House.
- Advocates for Children- There is a need to replenish school supplies for children. You can donate pencils, markers scissors, etc. and the committee will also accept money to purchase the supplies.
- Shoes-We have collected over 100 pairs of shoes (lightly used) thus far and will continue to collect them through March.
- Penny Pines- Our money is being used to reforest the burn areas in Orange County, Ventura and Santa Rosa. Thank you for the extra donations. All of the money is spent in California.

2nd Vp/Membership- Bari Hospodarec-

- **Membership dues are due now. Make your checks for \$40.00.**

3rd V.P/Judy Caforio-

- **Today’ speaker is Byron Walls form Crime Fighters**

4th VP/Luncheons Cindy Dobson-

- **March- we will have The Great Potato Bar or Mahi Mahi**
- **Free lunch winner is Louise Hicks.**

5th VP/Ways and Means- Georgette Sleeth

- **Scholarship Fundraiser –With the tickets purchased today, we have SOLD OUT! There is still a need for volunteer help for the evening. Servers, Auction and some solicitation is needed. We also need about \$800 in underwriting for the food. Please speak with Georgette if you are able to help.**

Parliamentarian-Virginia Kalb-

- **The By-Laws Committee will meet Wednesday February 21. Any concerns must be received in writing by Monday Feb. 19. You can email them to Virginia.**

Blessing- Mandy Hall

Lunch

Program- Byron Walls introduced by Judy Caforio.

Brag Box- Jill Ruiz

Birthdays- Honorees stood and were honored.

Opportunity Drawing-Carolyn Herzog

Announcements/Calendar of events-

- **February 15-Spring Social Committee 5:30pm @ Super Mex**
- **19-Blanket Makers 10:30 @ Heritage Park**
- **21-Dine Out fundraiser @Super Mex.**
- **23 Decoration Comm for Social 10:30 @ Girl Cave.**
- **March 5 Readers @ Montz home**
- **7 Board Meeting 10:00am**
- **9 O. D. Council-9:30**
- **13- General Meeting 11:00- Claim Jumper**
- **24-Spring Scholarship Social-6-9pm**
- **April 21-O.D. Convention Doubletree, Orange**

Kelsie Kerdoon and Nancy Peterson first time guests of Susan Saurastri both joined FVWC today. Welcome to our club!

Meeting adjourned until March 13

Respectfully submitted,

Louise Hicks:



Treasurer – Donna Kubelka

**Fountain Valley Woman’s Club Treasurer’s Report
December 2017**

Donna Kubelka:

Chairmen Reports



Marilyn Bennett – Blanketmakers

The Blanketmakers plan to meet on Monday, March 19th, from 10:00 a.m. until 3:00 p.m. at Heritage Park. We have started the year with a “bang” as we have taken 14 blankets to the American Cancer Society at Orange Coast Memorial this month.

We have lots of material and lots of activities to be accomplished. We can certainly use your help and you don’t have to know how to sew. Sign up at the March meeting, contact me, or just show up at the session. Be happy to have you and you’ll enjoy the fun and friendship. Join us for day or even a few hours.

Marilyn Bennett:



Readers – Edythe Muse

Each member of the Readers donated \$25.00 to RIF (Reading is Fundamental) for the new year. We will be donating \$200.00 to RIF plus the funds we raised in October for the table decorations. The next meeting of the Readers will be on Monday, March 5th at the home of Leslie and Barbara Montz. Rather than have a specific genre, we have selected the new best seller *The Woman in the Window* by A. J. Finn for all of us to read. We have room for a few more “readers”, and if you interested in joining us, come to the Montz’s home on March 5th at 10:00 a.m. Any questions, call me.

Edythe Muse:



Pull Tabs – Anna Katsuki

Pull tabs, pull tabs, pull tabs! Bring your pull tabs! Ladies, do not forget to collect those pull tabs! Ask neighbors, family, friends! Cheers!!!

Anna Katsuki:



Newsletter – Marilyn Ryan

I can begin taking your submissions for the March Fountainhead as soon as you are ready. I will need **them on or before February 15th**. Thanks so much!

Marilyn Ryan:



Amy Worth: February 2
Cheryl Brothers: February 4
Coralie Bowman: February 7
Cassie Randall: February 7
Robin Fayette: February 18
Regina Huebner: February 18
Leslie Lee: February 22
Michele Jensen: February 23
Yvonne Myers: February 25

WEBSITES:

Club: www.fountainvalleywomansclub.org

CFWC Orange District (OD): <https://cfwcorangedistrict.com>

California Federation of Women's Clubs (CFWC): www.cfwc.org

General Federation of Women's Clubs (GFWC): www.gfwc.org

CALENDAR:**FOUNTAIN VALLEY WOMAN'S CLUB:**

March 5 (Mon) Readers, 10:00 a.m. at the Montz' home

March 6 (Tues) Lunch reservations due to Cindy Dobson

March 7 (Wed) Executive Board Meeting at 10:00 a.m. – Connie Wadsley's home

March 13 (Tue) FVWC Luncheon/Meeting, CLAIM JUMPER, 11:00 a.m.

March 15 (Thur) Deadline for March Fountainhead articles

March 19 ((Mon) Blanketmakers – Heritage Park, 10 a.m. – 3 p.m.

March 24 (Sat) Spring Scholarship Social

ORANGE DISTRICT, CFWC and GFWC:

March 3 (Sat) Women's Club of Orange "A Murder Mystery and Luncheon" 11:00 a.m.

March 9 (Fri) OD Membership Recognition meeting, Fullerton

March 10 (Sat) The Enormous Elephant Run, Griffith Park 9:00 a.m.

March 10 (Sat) Yorba Linda Woman's Club Spring Extravaganza, 9:00 – 5:00

March 13 (Tue) Pala Casino Bus Trip

April 21(Sat) Orange District Convention



Fountain Valley Woman's Club
18030 Brookhurst Street, #403
Fountain Valley CA 92708

FVWC February Newsletter - email Exclusive Picture Gallery



Connie Wadsley and
JoAn Poirel

Orange District
meeting



Marcia Willett and Connie Wadsely



Mollie Guyot, Lynn Seeden, Janice Vuong, and Aly Johns



Soup Plantation fundraiser:
Susan Saurastri, Mollie Guyot, Aly Johns and family

